

## 1- and 2- Rescuer Adult CPR with AED Skills Testing Sheet

Student Name: \_\_\_\_\_ Test Date: \_\_\_\_\_

Skill Step	Critical Performance Criteria	✓if done correctly	
<b>1 RESCUER Only: Adult BLS Skills Evaluation (CAB 30:2)</b>			
During this first phase, evaluate the first rescuers ability to initiate BLS and deliver High Quality CPR for 5 cycles.			
1	ASSESSSES: Checks for response and for no breathing or no normal breathing, only gasping ( <b>at least 5 seconds but no more than 10 seconds</b> )		
2	ACTIVATES: emergency response system		
3	Checks for PULSE ( <b>no more than 10 seconds</b> )		
4	GIVES HIGH QUALITY CPR:		
	<ul style="list-style-type: none"> <li>Correct compression HAND PLACEMENT</li> </ul>	Cycle 1:	
	<ul style="list-style-type: none"> <li>ADEQUATE RATE: At least 110/min (<b>delivers each set of 30 chest compression in 16 seconds</b>)</li> </ul>	Cycle 2:	Time:
	<ul style="list-style-type: none"> <li>ADEQUATE DEPTH: Delivers compressions <b>greater than 2 inches</b> in depth (<b>at least 27 out of 30</b>)</li> </ul>	Cycle 3:	
	<ul style="list-style-type: none"> <li>ALLOWS COMPLETE CHEST RECOIL: (<b>at least 27 out of 30</b>)</li> </ul>	Cycle 4:	
	<ul style="list-style-type: none"> <li>MINIMIZES INTERRUPTIONS: Gives 2 breaths with pocket mask in <b>less than 10 seconds</b></li> </ul>	Cycle 5:	
<b>STOP! The above skills evaluation is only to be used for 1 RESCUER Adult BLS Skills Evaluation. For 2 or more Rescuer Skills Evaluation begin testing for HIGH PERFROMANCE CPR below.</b>			

Skill Step	Critical Performance Criteria	✓if done correctly	
<b>*CHELAN/S. DOUGLAS HIGH PERFORMANCE CPR/BLS for HEALTHCARE PROVIDER</b>			
In accordance with Chelan/S. Douglas HP CPR Protocol and AHA 2010 Resuscitation Guidelines.			
<b>2 RESCUER Adult BLS High Performance CPR (BLS Continuous Compressions)</b>			
1	ASSESSSES: Checks for response and for no breathing or no normal breathing, only gasping ( <b>at least 5 seconds but no more than 10 seconds</b> )		
2	ACTIVATES: emergency response system		
3	Checks for PULSE ( <b>no more than 10 seconds</b> )		
4	1 <sup>st</sup> Rescuer: GIVES HIGH PERFORMANCE CPR:		
	<ul style="list-style-type: none"> <li>Correct compression HAND PLACEMENT</li> </ul>	Cycle 1:	
	<ul style="list-style-type: none"> <li>ADEQUATE RATE: At least 110/min (<b>delivers each set of 30 chest compression in 16 seconds</b>)</li> </ul>	Cycle 2:	Time:
	<ul style="list-style-type: none"> <li>ADEQUATE DEPTH: Delivers compressions <b>greater than 2 inches</b> in depth (<b>at least 27 out of 30</b>)</li> </ul>	Cycle 3:	
	<ul style="list-style-type: none"> <li>ALLOWS COMPLETE CHEST RECOIL: (<b>at least 27 out of 30</b>)</li> </ul>	Cycle 4:	
5	2 <sup>nd</sup> Rescuer: ( <b>While 1<sup>st</sup> Rescuer delivers compressions</b> ) ATTACH AED During this phase, evaluate the second rescuers ability to use the AED and both rescuers' ability to switch roles		
	<ul style="list-style-type: none"> <li>1<sup>st</sup> Rescuer continues compressions and begins <b>*50 compression count</b></li> </ul>		
	<ul style="list-style-type: none"> <li>2<sup>nd</sup> Rescuer clears victim, allows AED to analyze – Rescuers switch postion <b>"hover"</b></li> </ul> <p>*(If AED allows; continue compressions during AED charge)</p>		

	<ul style="list-style-type: none"> <li>If AED indicates a shockable rhythm, second rescuer clears victim and delivers SHOCK</li> </ul>		
	<ul style="list-style-type: none"> <li>2<sup>nd</sup> Rescuer immediately resumes compressions from the <i>“hover”</i> position after shock delivery ( 110/min)</li> </ul>		
6	<b>1<sup>st</sup> Rescuer: Bag - Mask Ventilation</b> During this phase, evaluate the rescuers ability to give breaths with a bag-mask.	<i>Cycle 1</i>	<i>Cycle 2</i>
	<ul style="list-style-type: none"> <li>2<sup>nd</sup> Rescuer: provides continuous compression immediately after shock delivery</li> </ul>		
	<ul style="list-style-type: none"> <li>*1<sup>st</sup> Rescuer successfully delivers <b>1 breath with bag-mask every 15 compressions</b></li> </ul>		
<b>AFTER 2 CYCLES, STOP THE EVALUATION</b>			
<ul style="list-style-type: none"> <li>If the student completes all steps successfully (a ✓ in each box to the right of Critical Performance Criteria), the student passed the scenario.</li> <li>If the student does not complete all the steps successfully, give the form to the student for review as part of the student’s remediation.</li> <li>After reviewing the form, the student will give the form to the instructor who is reevaluating the student. The student will reperform the entire scenario, and the instructor will notate the reevaluation on this same form.</li> <li>If the reevaluation is to be done at a different time, the instructor should collect this sheet before the student leaves the classroom.</li> </ul>			
Instructor Signature: _____  Print Instructor Name: _____  Date: _____		<b>Remediation (if needed)</b>  Instructor Signature: _____  Print Instructor Name: _____  Date: _____	

***\*Indicates Chelan/S. Douglas County Protocol and deviates from the 2010 AHA HCP Skills Evaluation Form.***

***\*AHA & TC Approved; Instructors may utilize for ALL Chelan/S. Douglas Providers taking an AHA Course.***

***\* Meets the 2014 AHA CPR Quality Consensus Statement recommendations for resuscitation.***

***\*AHA Instructors may provide an AHA CPR Card to participants utilizing this skill testing sheet.***