

Attention Wenatchee Licensed Professionals:

RE: Opportunity for Suicide Prevention Training

Why Suicide Prevention Training?

As many of you know suicide is one of the leading causes of death within the United States for all age ranges except 65 and older. Suicide is a preventable cause of death, especially when there is timely intervention. Statistically the majority of people will present to their healthcare provider within the month and week prior to their death. Unfortunately, patients rarely disclose the purpose for their visit to the healthcare worker. Our region is not exempt from this national trend. Locally, suicide rates have steadily risen in Chelan & Douglas Counties since 2012, and Okanogan County has one of the highest rates in the state. Thus, as the largest healthcare organization in the region, it is imperative that all of us have the tools and knowledge to recognize at-risk patients when they present and know how to communicate with them to ensure appropriate next steps are followed.

Suicide has directly impacted healthcare staff, providers and family members over the past few years. We are aware that due to the pressures of your work and the types of issues you encounter, healthcare staff/providers tend to be at a higher risk for completed suicide. By ensuring our communities providers and staff have the tools and knowledge necessary to effectively identify, assess, and manage the signs and symptoms of those at-risk we hope to avoid these tragedies in the future.

How Can I Help?

Receive Training

Washington State has recently declared the Suicide Prevention is a state-wide public safety issue and created a mandate that the following licenses complete 6 hours of suicide prevention training to maintain a current WA state license:

- MDs, DOs
- APCs inclusive of mental health staff (PA-C, ARNP, PMHNP, PhD, PsyD, LicSW, LicSWA, MSW, LMHC, LMFT, LMHCA)
- Nurses – RN, LPN
- Rehab staff (OT)

How Can Confluence Health Help?

Confluence Health has created a voluntary local opportunity for licensed staff and providers to meet the state mandate for suicide prevention training. The benefit of completing local suicide prevention training over other online or outside options is that the information will be focused on our local community, local issues, and local resources. Dr. Julie Rickard is a certified QPRT Suicide Prevention trainer and has volunteered her time and knowledge to helping provide a local option for training to reduce the financial burden of traveling outside the region or completing online training.

Cost:

The cost of the certification, copyright and materials will be \$200.00 for Non-Confluence Health staff/providers.

The \$200.00 course fee can be paid in advance to Lisa Bozett or at the door on the day of the event. Be prepared to have check, cash or credit card available.

Training Dates:

The first training is scheduled on 5/14/16 in Wenatchee, and other dates, times, and locations are listed below. Due to the significant time commitment for Dr. Rickard, there will be a finite number of offerings through 2016. There will not be make up dates after this, so please review the schedule and attend one if you are interested. If there are less than 20 people signed up for a training date, that date will be cancelled.

QPRT Dates	Location	Time	Lunch	Cost
May 14th (Sat)	Wenatchee Convention Center - Grand Apple North	8:00 – 4:00pm	Lunch on your own	\$200 pp
May 17th (Tues)	Moses Lake Civic	8:00 – 4:00pm	Lunch on	\$200 pp

	Center - Auditorium		your own	
May 18th (Wed)	Wenatchee Convention Center - Grand Apple North	8:00 – 4:00pm	Lunch on your own	\$200 pp
June 4th (Sat)	Omak - Okanagan Behavioral Health	8:00 – 4:00pm	Lunch on your own	\$200 pp
June 7th (Tues)	Wenatchee Convention Center - Grand Apple North	8:00 – 4:00pm	Lunch on your own	\$200 pp
June 18th (Sat)	Wenatchee Convention Center - Grand Apple North	8:00 – 4:00pm	Lunch on your own	\$200 pp
Oct 4th (Tues)	Moses Lake Civic Center - Auditorium	8:00 – 4:00pm	Lunch on your own	\$200 pp
Oct 8th (Sat)	Omak - Okanagan Behavioral Health	8:00 – 4:00pm	Lunch on your own	\$200 pp
Nov 5th (Sat) <i>Last Offered Date</i>	Wenatchee Convention Center - Grand Apple North	8:00 – 4:00pm	Lunch on your own	\$200 pp

Registration:

Sign up early as space is limited!

Outside Staff/Providers:

Limited trainings will be open to non-CH staff/providers if space permits. Please contact Lisa Bozett at 509-664-3475 if you are interested in attending.

Questions: For more information, call **Lisa Bozett at 664-3475 (x2448)**.