

Suicide Prevention Coalition

QPR GATEKEEPER TRAINING FOR ALL COMMUNITY MEMBERS

Everyone is Learning QPR!

CPR is well known first aid to save lives. Similarly, **QPR** suicide prevention training is a first response for those in your life that may be suffering and need intervention. Be skilled to intervene with a loved one or coworker.



What is QPR?

QPR stands for “**Question, Persuade, Refer**” – three simple steps to help respond to a person in need. This training is designed to teach you how to recognize the warning signs, clues and suicidal communications of people in trouble, and how to respond, in order to prevent a possible tragedy

Why should I attend a QPR Gatekeeper Training?

The information you gain at this training could provide you the information needed to potentially save the life of someone you care about. QPR gatekeeper training takes just one hour and is taught in a format that is clear and concise. Gatekeepers are given information that is easy to understand and reinforced by a QPR booklet and card complete with warning signs, methods to encourage a person to get help and a list of resources available in your community.

Reserve your spot at the next QPR Training.

OR

Schedule a QPR Training at your work, school, club, or church.

Free of Charge! Classes fill quickly!

Call or Email Today

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