



STATE OF WASHINGTON  
DEPARTMENT OF HEALTH  
OFFICE OF EMERGENCY MEDICAL SERVICES AND TRAUMA SYSTEM  
PO Box 47853 • Olympia, Washington 98504-7853

**WASHINGTON STATE EMT RECERTIFICATION REQUIREMENTS**  
(RETAIN FOR FUTURE REFERENCE)

Emergency Medical Technicians (EMTs) may complete recertification educational requirements by completing either the Continuing Medical Education (*CME*) method or through a Department of Health (DOH) and County Medical Program Director (MPD) approved *Ongoing Training and Evaluation Program* (OTEP) method, which includes approved knowledge and skill evaluations.

**Educational Requirements:**

- 1. Annually complete and document the following required training:**
  - a. CPR and Airway management for adults, children and infants.
  - b. Spinal Immobilization for adult, pediatric and geriatric patients
  - c. Patient Assessment for adult, pediatric and geriatric patients
- 2. In each certification period, complete and document training in the following required topics:**
  - a. Infectious disease prevention (annual OSHA/WSHA –approved, agency-required, infectious disease training meets this requirement).
  - b. Trauma
  - c. Pharmacology
  - d. Other pediatric topics
  - e. Additional education courses totaling 30 hours. Individuals obtaining education through the CME method must complete the number of educational course hours indicated. Due to the competency-based nature of OTEP, fewer class hours may be needed to complete this requirement than when using the OTEP method.

**Examination and Certification Recommendation Requirements:**

- 1. CME Method**
  - a. Pass a *practical* examination within six months of recertification.
  - b. Pass the state *written* examination within six months of recertification. Three attempts are allowed.
  - c. Obtain written recommendation for recertification from the county MPD and submit the completed and signed application to the DOH.
- 2. OTEP Method**
  - a. Successful completion of the OTEP method fulfills the requirement of the DOH written and practical skills examinations.
  - b. Obtain written recommendation for recertification from the county MPD and submit the completed and signed application to the DOH.

**Description of selected terms used:**

- CPR includes foreign body airway obstruction and the use of airway adjuncts appropriate to the level of certification for adults, children and infants.
- Pharmacology: Pharmacology appropriate to the level of certification and specific to the medications approved by your MPD.
- Other pediatric topics: This includes anatomy and physiology and medical problems including special needs patients.

**(Please keep all recertification documents for four years after each certification)**