

WASHINGTON POISON CENTER



1-800-222-1222

FOR IMMEDIATE RELEASE

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WAPC Issues Seasonal Health Alert on Carbon Monoxide

SEATTLE, OCTOBER 15, 2016 - Fall has begun bringing rain and a chill to the air, and furnaces and household heaters will soon be coming on. However, with the warmth comes the potential for carbon monoxide exposures. Please follow the link to our website to see the whole seasonal health alert.

[Seasonal Health Alert – Carbon Monoxide](#)

Carbon monoxide is a colorless, odorless gas that when one is exposed, may cause symptoms similar to a cold or the flu: headache, nausea and vomiting, weakness and confusion may be present.

If you think you think you've been exposed to carbon monoxide:

- Remove yourself and all others from the building.
- If someone is unconscious and cannot leave, call 911 and open windows and doors to let in fresh air.
- If you are concerned about a potential exposure, call the Washington Poison Center at 1-800-222-1222. Our medical specialists can help determine if you should seek medical treatment.

For more information visit www.wapc.org/alerts or call the Washington Poison Center at 1-800-222-1222.

About the Washington Poison Center

The Washington Poison Center, a 501(c)(3) nonprofit charitable organization, prevents harm from poisonings by being the primary resource for poison treatment, education and prevention. Reachable 24/7, the national poison hotline: 1-800-222-1222 will connect you to specially-trained nurses, pharmacists and poison specialists in your local area. Poison help is always free and confidential. Services are available for people with hearing difficulties and in 160 languages.



Help is phone call away. Program your phone 1-800-222-1222